

India



Kiara Windrider, travels between India, Europe and the USA

I am a psychotherapist and author, with a passion for investigating the journey of human evolution in context of long-range cycles of time. I have approached this study through the eyes of shamans, geologists, historians, physicists, yogis and mystics, and also been greatly influenced by the pioneering work of Sri Aurobindo and the Mother.

My own work, which includes Ilahinoor, Integral Yoga, Advaita, and teachings from the Q'ero Inka tradition, focuses on building bridges between the worlds, for personal as well as planetary awakening. I can usually be found travelling between India, Europe and the USA.