

Germany



Susanne Thiedemann, Tritttau

I'm here to accompany people on their journey to open up their hearts, to feel, to release old patterns, and to give up roles for an authentic, connected, unconditionally loving, and free life.

My training includes: Integral Life Practice, Sound Code Therapy, Trance Dance Presenter, Trauma and Addiction Resolution, and Systemic Board Constellation. I have gained insights into the practice of shamanism and family constellation.

I have learned that trusting myself allows for life to flow through me and that when I let go of everything that does not feel right, I am free to experience that there is only Love, Freedom and Happiness.



Kathrin Werner, Kiel

I was born in Thuringia, Germany, and have lived in Norddeutschland near Kiel for five years. I am a mother of two wonderful adult children, the founder of Atelier LebensKUNST, and a member of the human trust community and the Akademie of Potential Development. My vision is to bring art therapy to the world, and my passion is building bridges between hearts.

As an art therapist, I support people with physical or mental illness, in life crises, and help them develop their full potential. Art therapy offers many ways of expressing feelings in painting, drawing, and sculpture. It promotes creativity as a source of self-determination! I am pleased to accompany you on this transformative journey.